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	Date:
or have you ever experienced any of the ing (Please mark all that apply):	Do you now, or have you ever? Drink alcohol? Yes / no How much?
High blood pressure/ Hypertension High cholesterol/ Hyperlipidemia Diabetes: Type: I or II Headaches/Migraine Asthma Heart attack/Stents/Stress test Stroke Panic attacks/Anxiety/Depression	Use recreational drugs? Yes / no specify Drink caffeine? Yes / no How much? Exercise Yes / no How often? Dietary restrictions? Yes / no specify
Irritable bowel/Crohn's/Colitis Thyroid Disease Blood clots Kidney stones Glaucoma	Do you have allergies (medication, seasona environmental).
Osteoporosis Heartburn/GERD/Reflux Hemorrhoids	FOR WOMEN ONLY Are you still having a menstrual cycle?
Varicose veins Leg pain with walking Rheumatoid arthritis or	Yes / No Number of pregnancies Number of live births
Auto immune condition Heart murmur	Have you ever had an abnormal pap?
Swollen legs or feet	FOR MEN ONLY Prostate problems
History of Surgeries? Hospitalizations?	Prostate cancer BPH (Enlarged prostate)

	Diabetes	Hypertension	Heart	Stroke	Mental	Cancer	Hyperlipidemia	Other
Child 1								
Child 2								
Child 3								
Father								
Grandmother								
Grandfather								
Mother								
Grandmother								
Grandfather								